



## MODULE 1

# *Career Exploration*

Family Employment Readiness Program

# *Welcome to the Career Exploration Workshop*



*“If you can imagine it,  
you can create it.  
If you can dream it,  
you can become it.”*

*- William Arthur Ward*

# *Workshop Answers*

## *Three Important Questions*



*What?*



*Where?*

*How?*



# *Personality Types*



- Doers
- Thinkers
- Talkers
- Watchers



# *Value*



## What is a Value?

- It is Prized
- You have Strong Feelings about it
- It is Freely Chosen
- Motivates You to Take Action in Support of it

# *Skills and Abilities*



- Characteristics
- Talents
- Knowledge

Born with or Acquired



# *Interest*



*Something that Arouses Attention*

# *Six Interest Areas*



- Realistic
- Investigative
- Artistic
- Social
- Enterprising
- Conventional



# *Assess Finances*



# *Decision-Making Styles*



- Agonizer
- Intuitive
- Fatalist
- Impulsive
- Avoider
- Complier
- Paralytic
- Planner

# *Decision-Making Model*



- Problem
- Assess
- Choose
- Test

# *Goals and Objectives Should Be*

- Measurable
- Attainable
- Time-Limited



# *Goal*



*“I want to be  
a dolphin trainer.”*

# *Objectives*



- Learn Job Requirements by the End of this Week
- Contact Sea World Trainers and Set Up an Informational Interview by 30 September
- Volunteer or Apply for Part-time Work at Sea World by 1 October

# *Career Portfolios*



- Personal Information
- Work-related Activities
- Personal Activities
- Personal Qualities or Strengths

# *Visual Representation*



- Reports or Research Summaries
- Training Packets
- Sales Percentage Increases
- Customer Survey Results



# *Visual Representation*



- Published Articles
- Photo of You Accepting an Award
- Newspaper Clipping
- Photo of Product