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Flyover

911th Airlift Wing

Air Force Reserve Command - Pittsburgh, Pennsylvania



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Commander's Corner

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<http://www.pittsburgh.afrc.af.mil>

<http://www.pittsburgh.afrc.af.mil>

I have one thing to say about our air show... "WORLD CLASS!" We have put the 911th Airlift Wing on the air show map. I'd like to personally thank everyone for their efforts on such an outstanding event. This includes not only those who were out on the flight line, but everyone on base. Whether you were launching aircraft or working in the mess hall, you contributed to making the show possible. By doing your jobs and doing them well, you set a great example for



Lt. Col. Kenneth D. Honaker

the community. You showed them what the 911th Airlift Wing represents. I also heard that many people were detailed into unfamiliar areas and they too did an outstanding job! Being in unfamiliar surroundings and tasked with a job outside of your career field can be very difficult. You really showed off your skills.

With three parameters in mind (safety, security and functionality), we developed one *heckuva* outstanding show. Yes, it is hard work; however, it's well worth the effort. Yes, there were some problems and we have some improvements to make, but that will only make next year's show bigger and better. If you saw an area which could be improved upon, don't just sit back and let the same thing happen again next year. Speak up and talk to those individuals who can help make the changes possible. Don't procrastinate. Write your suggestions down. We would like to evaluate your ideas and implement them for the next show.

There always seems to be something to keep us going such as the air show, a maintenance standardization evaluation program (MSEP) inspection, the unit compliance inspection (UCI), health service inspection (HSI), Hennessey Trophy inspection, next month's family day, another HSI this year and the list goes on and on. For the last several months we have "dotted the i's and crossed the t's". Our programs have been placed under a microscope and have passed with flying colors. With all of these events it would be easy to say "We can now kick back and relax." Unfortunately, though, we can't. These inspections aren't to see if, given enough time, we can get our programs in order just in time to pass. They're to see not only if we are performing our job, but if we're doing it safely and correctly. So, we need to constantly stay on top of things and continue to perform to the best of our abilities.

When I was on active duty as a Strategic Air Command (SAC) trained killer, we had to be ready for war at a moment's notice. So, we had to be ready for an inspection at a moment's notice. To ensure this, the SAC inspection team would leave Headquarters, file their flight plan and arrive at your base. Or sometimes, they would be flying (sometimes

CONTINUED, SEE COMMANDER'S CORNER, PAGE 3



COMMANDER'S CORNER, CONTINUED FROM PAGE 2

in civilian aircraft) declare an in-flight emergency, land at your base and start an inspection totally unannounced. I doubt that we'll see these extremes again. The AFRC MSEP inspectors did mention however, the possibility of short notice or no notice inspections. Who knows what we could expect in the future, but as long as we are doing our jobs there is nothing to worry about. So just keep up the great work and remember "Excellence in all we do!"

Letter to Airmen:

Recognizing the Total Force

by Michael W. Wynne
Secretary of the Air Force

Congratulations! As a leader in the Total Force Integration the Air Force continues to benefit from one powerful, cohesive team formed by our Active Duty Airmen, Air National Guardsmen, and Air Force Reservists. In my travels around the Air Force, I see this synergy firsthand and realize our training and operations make it impossible to differentiate between the three components. Whether it is the C-17 landing in the combat zone or the mechanic working on F-16s in Vermont, the Total Force is making it happen.

We simply could not accomplish today's dynamic mission without the Total Force integration of our Guard, Reserve and Active Duty force. Gone are the "strategic reserve" days of the Guard and Reserve. Today, our total force sacrifices daily through extended deployments in the most challenging missions we have. As an integral part of this highly skilled team, the Guard and Reserve train to the same high standards set by our Active Duty, operate the latest equipment and participate in every mission. Our Active Duty, Guard and Reservists stand side by side in the fight in the Global War on Terrorism. Nowhere was this more



apparent than in the recent airstrikes that killed the leader of Al-Qaeda in Iraq, Abu Al Zarqawi. In Balad, the 332nd Expeditionary Maintenance Squadron mirrors where our Air Force is going: an Active Duty Commander, an Air National Guardsman as Operations Officer, and a Reservist as First Sergeant. The collective efforts of Active, Guard and Reserve forces continue to yield tremendous successes.

So what does this mean for you, the individual Airman? First, this means that we have a healthy respect for those Total Force Members that support our mission. Second, we need to adhere to the set standards, to ensure that as we assemble the total force we remain prepared to execute the assigned

QUICK CLIPS

Stressed out?

If you're feeling a little stressed lately and need to relax, call (412) 474-8245 to book a massage. Massages are offered every Wednesday and Friday at the 911th Fitness Center.

Uniform Changes

The Air Force Uniform Board has made minor changes to the enlisted uniform.

These changes include returning to the U.S. insignia with circle for the service dress uniform and the deletion of the optional shoulder board rank for the blue uniform, making the sleeve chevrons mandatory

The implementation date for the circled insignia is Jan 1, 2007; mandatory wear of chevrons on the sleeves is Oct 1, 2006.

UTA Pay dates

Primary: September 18

Alternate: October 4

(Dates are subject to change without prior notification)

mission. Third, we need to use the diversity represented by the Total Force to continually look for better ways to accomplish our mission.

Total Force has moved from a future concept to today's reality. One team, one fight, with a shared, disciplined combat focus. The continued dedication and service of all Airmen — Active, Guard, and Reserve — make a grateful Nation proud. Thank you for all you do.

Wings Over Pittsburgh

Operation Homecoming

Right: The Opening Ceremony kicked off with an amazing performance by the U.S. Navy's Leap Frogs, a parachute jump team that glided in with the national anthem, sky writing, and the American flag. Following them were civilian flight performances by the likes of Mr. Greg Poe. The highlight of the day was the flying maneuvers by the U.S. Navy Blue Angels. Their F/A-18 Hornets flew close and fast leaving the crowds in wonder over their adrenaline inducing stunts.



Photo by Master Sgt. Mark A. Winklosky

Above and Right: The 2006 Wings Over Pittsburgh air show drew both young and old. There were numerous activities provided for entertainment including face paintings, train rides, water activities, inflatable bounce houses, a climbing wall, and a harness trampoline that propelled miniature versions of Soldiers, Sailors, Marines and Airmen to new heights.



Photo by Staff



Photo

gh 2006 Air Show



Photo by Airman Jamie Perry

Above: Ms. Emilee Bright prepares for her flight Sunday on the second day of the air show. Ms. Bright was escorted into the air by Mr. Ben Freelove, an instructor at the Tutima Academy of Safety. Local media were also given an opportunity to fly with the U.S. Navy Blue Angels. Vince Simms (WPXI), Andrew Stockey (WTAE), and Sonni Abatta (KDKA) received a new point of view for flying after feeling the effects of the G-force provided by pilot Lt. Kevin Davis, USN.



of Sgt. Ian D. Carrier

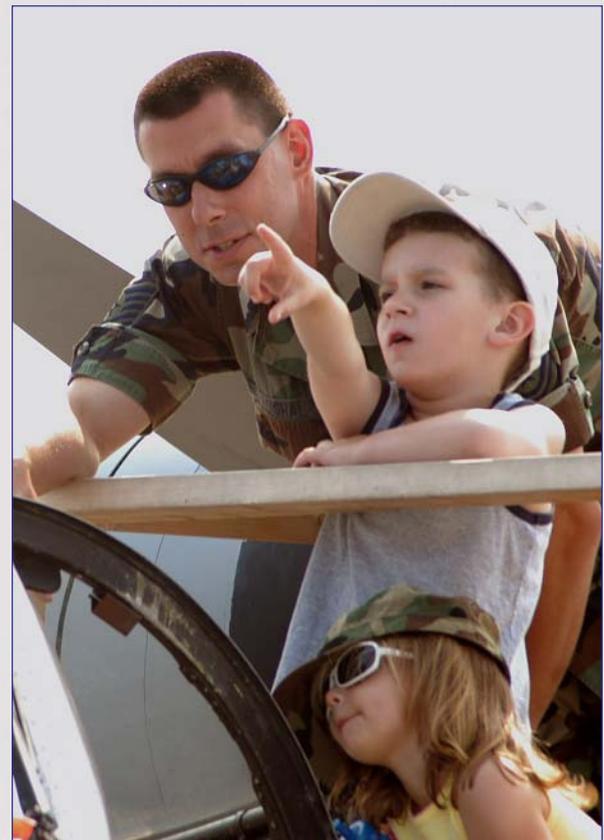


Photo by Airman 1st Class Lou Burton

Right: Military service members and families along with civilian guests' enjoyed the free sights and sounds that were provided by the U.S. Navy Blue Angels, the Navy Leap Frogs Parachute Team and numerous civilian flight performers. The U.S. Navy rock band, Freedom, also performed lively rock and roll musical renditions that had the crowd smiling. Vendors lined the flightline offering a variety of food and beverages.

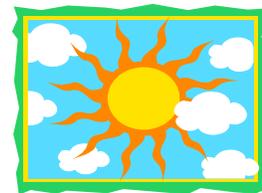


by Airman 1st Class Lou Burton



Beat the Summer Heat

Safety Tips to Keep Your Cool



by Capt. Gerald R. Brill

911th Aeromedical Staging Squadron

Even though summer has officially come to a close, it's important that we realize there are still some very hot and humid days on the horizon. With the heat and humidity comes a common problem that can strike many of us and we are not even aware it is occurring.

With overexposure to the sun, heat, and humidity we can be stricken with heat exhaustion. Heat exhaustion, hyperthermia, exertion heatstroke, and sunstroke are common names given to this same dangerous, life-threatening condition. The National Centers for Health Statistics states that during the period of 1979 to 1997 over 371 people died each year from the illness.

Our bodies have a mechanism within the brain that controls our temperature. With this mechanism, our bodies can regulate our internal body temperature. When we are in a hot environment, this regulatory

center tells our bodies to cool down by mechanisms that most people are familiar with. First, our body sweats. The average person who is not acclimated to the heat will only produce roughly one liter of sweat per hour, while a person who is used to the climate will produce two to three liters per hour. This sweating causes heat to evaporate from the body thus cooling it. Second, our brain can tell the blood vessels that send blood to the skin to "dilate" or open. This sends more blood to the surface to be cooled. Third, we can become thirsty which is a sign from the brain telling the body to replace the fluid it has used to cool itself down.

With the combination of rising outdoor temperatures and physical activity by the body, the mechanism that keeps us cool can be overwhelmed. Our internal body temperature is only able to rise as high as approximately 106 degrees F. At this high temperature, our bodies begin to breakdown. See more info below.

Spot, Treat, Prevent Heat Exhaustion

Common Signs and Symptoms of heat exhaustion:

- Elevated temperature and heart rate
- Normal to low blood pressure (caused by blood pooling and dehydration)
- Fast Breathing
- Irritability, confusion, loss of consciousness, hallucination or coma
- Muscle tenderness, weakness, and/or cramping

If you find yourself or another person suffering from any of the symptoms listed above, you should do the following:

- Seek emergency personnel if possible
- Remove yourself from the hot environment by going to a cool or air

conditioned area

- Loosen or remove tight clothing
- Cover the body with cool or even ice water soaked towels
- Place ice in the underarm area and groin. This will make contact with large blood vessels carrying blood that can be quickly cooled.
- If conscious, give cool fluids even if not thirsty. You must replace the fluids lost by sweating.
- Spray water over the body while fanning or place electric fan to blow over the individual. This will dissipate heat through evaporation.
- Prevent shivering this will actually help increase temperature.

Simple Heat Exhaustion Tips:

- Get plenty of rest prior to activity.
- Reduce or refrain from alcohol con-

sumption. Alcohol acts as a diuretic that will dehydrate your body .

- Drink plenty of fluids. Preferably water or sports drinks. These drinks will replace both fluids and electrolytes that will be lost with sweating.
- Wear loose fitting clothing, which will dissipate your body heat.
- Wear a hat. This will help block the sun's rays.
- Wear light clothing. This will reflect the heat.
- Take frequent breaks from the heat in shaded or air conditioned areas.
- Stay alert to the signs and symptoms mentioned above.

With these simple tips you can have an enjoyable and safe summer !



The Recruiting Corner



Courtesy Photo

Family Affair

Staff Sgt. Sataria Bey receives promotion from her mother Tech. Sgt. Kim Hickman and Maj. Richard D. Frye. Tech Sgt. Hickman's pride is evident in her smile and comments. "I really appreciate my daughter influencing me to be part of the Air Force Reserve program. Had it not been for her I would not be a recruiter for the Air Force Reserve today. I am very proud of my daughter and her accomplishments."



Photo by Master Sgt. Mark A. Winklosky

Col. Randal Bright prepares to throw a pitch at the Washington Wild Things game Aug. 23, after he held a mass enlistment ceremony there at Falconi Field.

Congratulations!!

The 911th Airlift Wing would like to welcome...

- | | |
|----------------------------|------------------------|
| COL. THOMAS KITTLER | AB CORNELIUS HOLYFIELD |
| CAPT. CHARLES KNAPP | AIC KENNETH KUCEL |
| SSGT. KRISTY BARBER | SSGT. CHRISTINA MARTH |
| AMN KIMBERLY BEAUDOIN | SSGT. DONALD McQUEEN |
| SRA AUDREY BELMONTE | AIC KATIE MORENO |
| SSGT. KEVIN BOULDEN | SRA CYNTHIA RAY |
| AIC WILLIAM CASS | AIC KAYLA REBEL |
| AIC JODI CHAVOYA | SRA ROBERT VITOUS |
| MAJ. CHRISTOPHER CONTI | AB VIRGINIA WILLIAMS |
| AIC JONATHAN GRAHAM | SRA JASON EATON |
| SSGT ALEXANDER CASTERWILER | AIC KENNETH FULLER |



Commissioning Opportunity

An opportunity exists for a deserving Airman to obtain an officer position in the Aerial Port Squadron through the Deserving Airman Commissioning Program (DACP). Applicants must have a bachelor's degree, be under age 35 and meet qualifying scores on the Air Force Officer Qualification Test (AFOQT). Initial applications are due to Career Enhancement not later than Oct. 14, 2006 and will consist of the following:

a) Letter of recommendation from your current supervisor indorsed by your commander

b) Typed resume that is in accordance with AFH 33-337, formatted using Times New Roman font in 12 pitch

c) Verification of AFOQT scores.
Please contact Ms. Louise Jones at 412-474-8525 to schedule an appointment to test.

If you are interested or have questions concerning the DACP, please contact Senior Master Sgt. Linda Deatherage at 412-474-8517.



Air Force Voting Program

The Air Force Voting Program's mission is to ensure that Air Force personnel and their families have the information and tools they need to exercise their right to vote. Prior to deploying, Airmen receive voting materials needed to notify their state of new mailing address and continue to receive voting assistance from home voting officers and on site PERSCO teams. The 2006-07 Voting Assistance Guide, which lists the unique voting rules for each state, are available on line at <http://www.fvap.gov>.

For more information on voting, or for assistance, contact your installation voting officer through your First Sergeant or visit the Air Force Voting Action site at <http://www.afcrossroads.com/voteFund/Vote/default.htm>.

To learn about voting absentee, veterans running for Congress, election news and more, visit the Military.com 2006 Election Center. <http://www.military.com/Vote2006/0,15424,election2006,00.html>

Catching some tasty waves at Water Survival Training



Photo by Master Sgt. Mark A. Winklosky

Above: Capt. Ed Jackson uses the one man life raft during the water survival training, Aug. 6.

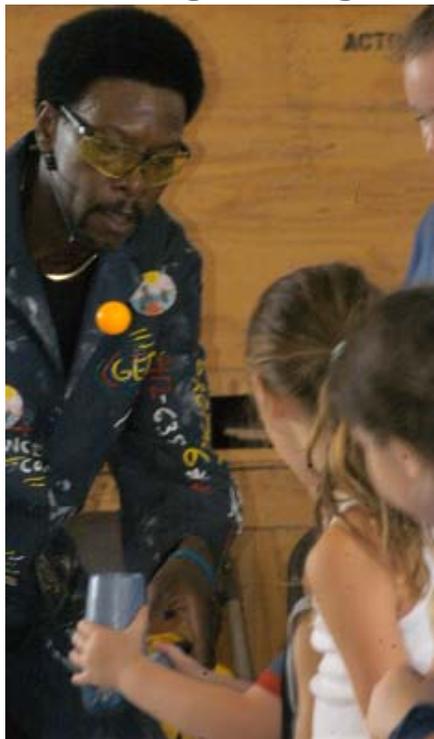


Photo by Master Sgt. Mark A. Winklosky

Above: Aircrew members received water survival refresher training during the unit training assembly, Aug. 5-6. The 758th Airlift Squadron, the 911th Operations Group and the 911th Aeromedical Evacuation Squadron practiced life saving maneuvers that included hands-on raft training, bail out procedures, water parachute procedures and parachute release techniques.



Family Day



Above: Master Sgt. Dave Beck, first sergeant for the 911th Maintenance Operations Flight provided hayrides for kids of all ages during the festivities at this year's Family Day.

Left: The Great American Science Show was once again a big hit at this year's Family Day, Aug. 6.

Below: Lt. Col. Sharon Johnson, 911th Maintenance Squadron commander, showed off her talent in face and body painting for the children.

The 911th Airlift Wing celebrated Family Day, Aug. 6, as a special recognition for all those spouses and youngsters who have given up their time with husbands, wives, mothers and fathers in order to perform a duty and service for their country.

"Family Day is important to us because without our families our Airmen could not perform the jobs they do," said Col. Randy Bright, wing commander.

There were a variety of activities again this year for all to enjoy. Cars and motorcycles were on display as part of the automotive show. A KC-135R Stratotanker, along with a life support team, from the 171st Air Refueling Wing, Pennsylvania Air National Guard, was on hand for tours and to provide information. AC-130 Hercules was also available for tours.

Bounce houses, hayrides, face paintings, finger printings, various



(Photos courtesy of public affairs)

games, as well as a science show were all part of the day's entertainment.

Families got to partake in an assortment of picnic food such as hot sausage, kielbasa, pulled pork, pasta and potatoe salad, baked beans, watermelon, chips, as well as

various beverages.

A special note of thanks goes out to all those individuals who helped and volunteered their services with everything from the planning stage, preparation and set up, to the displays, serving line, and tear down. **(PA)**



Call for Action: GAO interested in REA input

The Reserve Enlisted Association and the Reserve Officers Association met with two representatives from the U.S. Government Accountability Office (GAO) Strategic Issues Team to discuss the effective application of Uniformed Services Employment and Reemployment Rights Act (USERRA) and claims processing within the Department of Labor.

Details about GAO's final report will be shared with REA members after it is published. Thanks to REA members for sharing their USERRA experiences.

As a follow-up, GAO also wants to know - "What other types of issues have Reservists voiced as a result of activation, including those issues not covered by USERRA such as self-employment (income or business loss), students (lost tuition or credit), homelessness, family hardship, or post traumatic stress or other disorders related to combat operations?"

Let's not pass up the opportunity to bring focus to problems you (and probably others) are facing! Send your input to me at lburnett@reaus.org. All information I receive will be 'de-personalized' and remain confidential.

Special announcement

After an extensive search Chief Master Sgt. James Fields has been selected to be the new 22nd Air Force Command Chief.

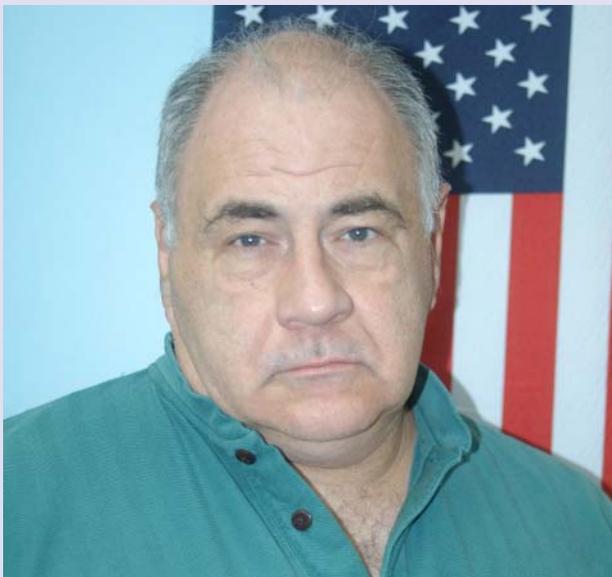
Chief Fields has been the 911th Airlift Wing Command Chief since December of 2002.

Congratulations

Staff Sgt. Christopher Stotler of the 911th Security Forces Squadron was selected by a panel of judges as one of five winners of the 2006 FBI Essay Contest!

He is being awarded \$1,000 for his essay titled "*Let's Work Together: How the FBI can pursue cooperation abroad?*"

Civilian Award winners for the second quarter



Congratulations to Mr. James Blaha of the 911th Maintenance Squadron for his recent Civilian of the Quarter Award in the GS-08 and below, Wage Grade category; and Ms. Connie Withrow of the 911th Airlift Wing for her award in the GS-09 and above, Wage Supervisor category.



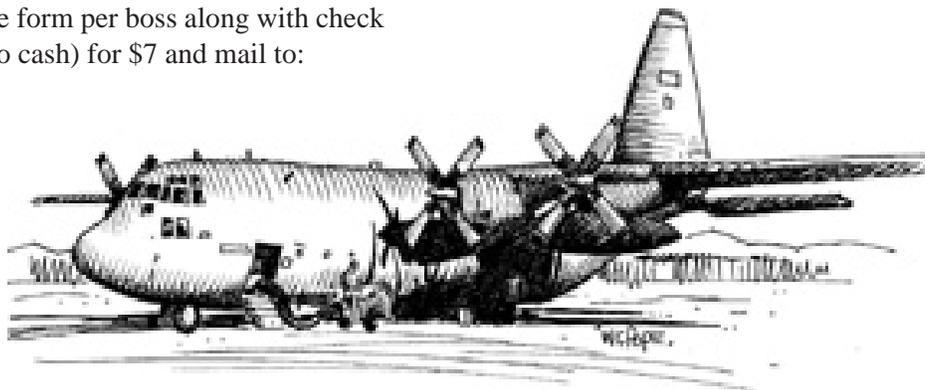
EMPLOYER APPRECIATION DAY

Saturday, November 4, 2006 (UTA)

Please fill out one form per boss along with check
(made out to cash) for \$7 and mail to:

**1st Lt. John Canipe
758th Airlift Squadron
2551 Defense Avenue
Pittsburgh IAP ARS
Coraopolis, PA 15108**

*(cost covers continental
breakfast and lunch for one
employer)*



Please have forms turned in no later than October 15, 2006

(Please Print Clearly)

Employer's Name _____

Employer's Home Address _____

City, State, and Zip Code _____

Employer's Home Phone # _____

Reservist's Full Name and Rank _____

Reservist's Unit _____ Reservist's Unit Phone # _____

Employers' Day activities will begin with an arrival time of 7:30 a.m. Reservists are welcome to join their employer(s) for lunch.

*Only employers (sorry, no reservists) are authorized to be a passenger for flight.



**AIR FORCE
RESERVE**



Captain Tony Mason

Unit: 911th Logistics Readiness Squadron

Job: Acting Mission Support Group Executive Officer

Job Scope: I assist the Mission Support Group Commander with daily operations and special projects for the group

Most demanding job aspect: Exceeding the expectations of the Mission Support Group Commander

Most rewarding job aspect: Learning from the extraordinary people that I work with everyday

Hometown: New Middleton, Ohio

Hobbies: Private Pilot, Mountain Biking and collecting Hot Wheels Cars

Favorite food: Pizza

Favorite music: Jimmy Buffet

Favorite movie: The Lost Boys

Favorite saying? I'm here for you Colonel!

UTA Schedule

September 9 - 10

October 14 - 15

November 4 - 5

Promotions

To Airman: Vickie R. Hull; Reward M. Mannucheril;



To Master Sergeant: Martin D. Meyers; Peter D. Rose;



To Airman First Class: Jonathon C. Titus;



To Senior Master Sergeant: Jeffrey S. Zimmerman;



To Senior Airman: Sunshine J. Eger; Angelo Hudson; Elizabeth M. Shelar; Robin L. Hopper;



To Chief Master Sergeant: Christopher J. Sokolick



To Staff Sergeant: Richard P. Bell; Sataria L. Bey; Ian D. Carrier; Andrew P. Landsperger; Douglas McKissick;



To Technical Sergeant: Roy L. Dunigan II; Rafael Sarmiento Jr.; Robert T. Shaner; Douglas McKissick;



ATTENTION SPOUSES: Join the Pittsburgh Key Spouse Group Sept. 9, 2006 at 6 p.m. for a coffee night at the new Perksburgh Café. Sample coffee and tea, or enjoy a salad, sandwich or pastry. It will be fun for all spouses!

The Flyover will be undergoing some changes in the near future. If you have any suggestions or material you would like printed, please feel free to contact the Public Affairs Office at 412-474-8511.

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